

## Prayer Guide – Week 2

### A Table in the Wilderness for Israel

#### Opening Prayer

O Lord, can you really spread a table in the wilderness of life? Walk with me as I walk this path of the cross with honest questions of life in my heart and my face turned to find the table you have spread in the wilderness for so many before me, and now also for me. Amen.

#### Reading

In the desert, the whole community of Israel grumbled against Moses and Aaron: “You have brought us out into this desert to starve!” Then the Lord said, “I will rain down bread from heaven for you.” In the morning, thin flakes like frost on the ground appeared on the desert floor. The people of Israel called the bread *manna*. It was white like coriander seed and tasted like wafers made with honey (adapted from Exodus 16).

#### Reflect

- What do I notice as I look at this picture?
- What is making me grumble and worry?
- Can God really provide a table in the wilderness of grumbling and worry?

#### Christ Speaks: Words of Encouragement

Take heart, my child. Cast your burdens on to me; I will carry your cross for you. My Father attends you. He is your Father, too. All that is needed God’s hands will provide.

#### Closing Prayer

We adore you, O Christ, and we bless you because by your life, your death, and your resurrection you have shown us how God always spreads a table in the wilderness in the face of all our fears. Amen.