

Prayer Guide – Week 4

A Table in the Wilderness for Elijah

Opening Prayer

O Lord, can you really spread a table in the wilderness of life? Walk with me as I walk this path of the cross with honest questions of life in my heart and my face turned to find the table you have spread in the wilderness for so many before me, and now also for me. Amen.

Reading

Elijah was afraid and ran for his life . . . a day's journey into the wilderness. He came to a broom bush, lay down under the bush, and fell asleep. All at once an angel touched him and said, "Get up and eat." He looked around, and there by his head was some bread baked over hot coals, and a jar of water. So, he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God (from 1 Kings 19:2–8).

Reflect

- What do I notice or feel as I look at this picture?
- What is making me afraid or tired?
- Can God really provide a table in the wilderness of fears and tiredness?

Christ Speaks: Words of Encouragement

Take heart, my child. Cast your burdens on to me; I will carry your cross for you. My Father attends you. He is your Father, too. All that is needed God's hands will provide.

Closing Prayer

We adore you, O Christ, and we bless you because by your life, your death, and your resurrection you have shown us how God always spreads a table in the wilderness in the face of all our fears. Amen.